

CURRICULUM VITAE

Name : Dr. Vinay Kumar Singh
Father's Name : Late Ram Naresh Singh
Date of Birth : 1st July, 1971
Current Designation : Assistant Professor
Department : Psychology
College : Feroze Gandhi College, Rae-Bareli
Qualification : M.A. (Psychology), Ph.D.
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Contact Number : 9451484343
Date of Appointment : 21st February, 2005
Details of Employment : (a) Mandey Lecturer- Since 21st February, 2005 to 7th March 2019
: (b) Assistant Professor (Permanent) - Since 8th March 2019 till date
Teaching Experience : (a) Under Graduate Classes- Since 21st February, 2005 till date
: (b) Post Graduate Classes- Since 21st February, 2005 till date

Academic Achievements:

UGC- HRDC Programmes:

1. Orientation Programme organized by University of Lucknow, Lucknow from August 08-31, 2019 and obtained grade (A).
2. Refresher Course organized by Banaras Hindu University, Varanasi from January 16-29, 2021 and obtained grade (A).
3. Refresher Course organized by University of Lucknow, Lucknow from December 11-23, 2023 and obtained grade (A).

Research Guidance:

One Research scholar is perusing Ph. D. under my guidance.

Research Papers Published:

1. Sex differences in the political activity. Published in Psycho- Lingua, 2007, Vol. 37(1), 88-95.(ISSN:0377-3132)

2. Caste in Indian Polity- A Psychological Study. Published in Asian Journal of Psychology and Education, 2007, Vol. 40(5-6), 26-33.[Reg. (No.4)(1)(76)NT No.5-6]
3. Leftist and the goal and direction of change. Published in Indian Psychological Review, 2007, Vol. 69 (Spl. Issue), 227-234. (ISSN:0019-6215)
4. Role of socio-economic status in the ideological variation- A correlational study. Published in United Journal of Awadh Scholars, 2007, Vol. 1(No.1&2), 76-80.[RNI(New Delhi) TVL No. UPBIL 03432/24/1/2007-TC]
5. Psychosocial factors impacting political behavior in urban and rural population. Published in Bombay Psychologist, 2010, Vol.xxv (1&2), 54-58.(ISSN:0975-0738)
6. Political ideology: A correlational study of personality, socio-economic status, education and age. Published in Manglam, February 2020, year 11(01), Vol. xx, 60-67.(ISSN-0976-8149)(UGC Journal No 48216)
7. A research paper with Raj Shukla titled ‘Psychosocial Challenges among Orphaned Children Based on Gender and Religion: A Review’. Published in International Journal Of Research Publication and Reviews, February’ 2024, Vol. 5, No. 2, 1420-1422 (ISSN: 2582-7421).

Papers Presented in National/International Seminars/ Conferences:

1. Paper titled “Effect of Food Intake on the Development of Growing Children” presented in a National Seminar on topic “Effect of Food Intake on the Development of Growing Children” held on 30th November, 2007, organized by Department of Psychology, D. G. College, Kanpur and sponsored by UGC.
2. Paper titled “Role of Political Ideology in the Rural Development” presented in a National Seminar on topic “Socio-Economic Welfare Program and Rural Development” held on 16-17 March, 2011, organized by Indira Gandhi Rajkeeya Mahila Mahavidyalaya, Rae-Bareli and sponsored by Govt. of Uttar Pradesh, Lucknow.
3. Paper titled “Mahila Sashaktikaran Me Shiksha Ki Bhumika” presented in a National Seminar on topic “Women Empowerment: Issues and Challenges” held on 24-25 January, 2012, organized by Indira Gandhi Rajkeeya Mahila Mahavidyalaya, Rae-Bareli and sponsored by Govt. of Uttar Pradesh, Lucknow.
4. Paper titled “Education as a Determiner of Social Change” presented in a National Seminar on topic “Higher Education and Social Change” held on 15-16 February, 2014, organized by Indira Gandhi Rajkeeya Mahila Mahavidyalaya, Rae-Bareli and sponsored by Department of Higher Education, Govt. of U.P.
5. Paper titled “Perception of the Process of Change in Contemporary Society” presented in a National Conference on topic “Role of Community Psychology in Creating Well Being” held on 19-20 December, 2014, organized by Department of Psychology, University of Lucknow, Lucknow under the aegis of Community Psychology Association of India.
6. Paper titled “Adverse Effect of Pollution on Mental Health” presented in a National Seminar on topic “Environmental Pollution and Its Impact on Modern Society” held on 24-25

February, 2015, organized by Indira Gandhi Rajkeeya Mahila Mahavidyalaya, Rae-Bareli and sponsored by Department of Higher Education, Govt. of U.P.

7. Paper titled “Social Factors and Deviant Behavior” presented in a National Seminar on topic “Deviant Behavior and Criminal Offence: A Psychological Overview” held on 22nd March, 2015, organized by Department of Psychology, Mahila Mahavidyalaya P. G. College, Kanpur and sponsored by Department of Higher Education, Govt. of U.P.
8. Paper titled “Higher Education : Privatization and Commercialization” presented in a College Level Seminar on topic “Higher Education in India: Present State and Trend” held on 10th August, 2015, organized by Department of Sociology, Feroze Gandhi College, Rae-Bareli.
9. Paper titled “Sex Discrimination in Education” presented in a College Level Seminar on topic “Problem of Gender Discrimination in Rural India” held on 09th September, 2015, organized by Department of Sociology, Feroze Gandhi College, Rae- Bareli.
10. Paper titled “Issues in Higher Education” presented in a National Seminar on topic “Higher Education: Issues, Challenges, Prospects and Strategies” held on 11th September, 2016, in Auspices LUACTA and Mumtaz P.G. College, Lucknow.
11. Paper titled “Impact of Economic Crisis on Mental Health” presented in a National Conference on topic “Indian Economic Reforms-25 years” held on 10th December, 2016, organized by Faculty of Commerce, Feroze Gandhi College, Rae-Bareli in Collaboration with Institute of Public Enterprise Research, Allahabad.
12. Paper titled “Impact of Economic Reforms on Human Behaviour” presented in a International Conference on topic “Emerging India and Second generation Reforms: Initiative and Implications” held on 8-9 April, 2017, organized by Department of Applied Economics, Faculty of Commerce, University of Lucknow, Lucknow.
13. Paper titled “Importance of Yoga in Modern Life” presented in a Seminar on topic “Modern Lifestyle and Yoga” held on 13th January, 2018, organized by Feroze Gandhi College, Rae-Bareli study centre of U.P. Rajarshi Tandon Open University, Allahabad.
14. Paper titled “Environmental Conservation and Social Issues” presented in a National Seminar on topic “Significance of Environmental Ethics and Human Values in the Conservation of Environment” held on 15-16 November, 2019, organized by Jwala Devi Vidya Mandir P.G. Degree College, Kanpur and sponsored by Department of Higher Education, Govt. of U.P.
15. Paper titled “Mental Health and Well-Being through Yoga” presented in a National Seminar on topic “Yoga for Wellness and Positive Health” held on 14-15 December, 2019, organized by Indira Gandhi Rajkeeya Mahila Mahavidyalaya, Rae-Bareli and sponsored by Department of Higher Education, Govt. of U.P.
16. Paper titled “ Exercise and Mental Health” presented in a National Seminar on topic “Modern Perspectives of Positive Psychology and Health Management in India” held on 7-8 February, 2020, organized by Department of Psychology, Feroze Gandhi College, Rae-Bareli and sponsored by Department of Higher Education, Govt. of U.P.
17. Paper titled “NEP-2020: The Prospect of Research and Innovation” presented in a National Seminar on topic “Multi Dimensions of New Education Policy-2020” held on 4-5 March,

2021, organized by Dr. Ambedkar Government Post Graduate College, Unchahar, Rae-Bareilly and sponsored by Department of Higher Education Govt. of U.P.

18. Paper titled “NEP-2020: Skilled Based Education System” presented in a National Seminar on topic “Impact of National Education Policy-2020 on The Education System of India” held on 13-14 March, 2021, organized by Government Degree College, Haripur Nihastha, Rae-Bareilly and sponsored by Department of Higher Education, Govt. of U.P.
19. Paper titled “NEP-2020: A synergy of Education and Technology” presented in a National Seminar on topic “National Education Policy-2020, Sustainable Development Goals and National Building: Prospective, Issues, Concerns & Challenges” held on 3-4 November, 2023, organized by Department of Sociology, Babasaheb Bhimrao Ambedkar University, Lucknow and sponsored by Indian Council of Social Science Research, New Delhi, India.
20. Paper titled “ Life Skills and Stress Management” presented in a National Seminar on topic “Stress Management through Yoga and Fitness: Cultivating Inner Harmony for a Balanced Life” held on 9-10 December, 2023, organized by Ranvir Rananjay Post Graduate College, Amethi and sponsored by Indian Council of Social Science Research, New Delhi, India.

Participation in Webinar:

International Webinar:

1. Participated in Webinar on “Covid- 19: A New Paradigm Shift in Pedagogical Practices”, organized by B. Ed, Department of Isabella Thoburn College, Lucknow, U.P., India on 3rd June, 2020.
2. Participated in Webinar on “Planning Healthcare System, National Security and Personal Habits for a Pandemic- Proof Society”, organized by Science Faculty, Maharaja Bijli Pasi Government P.G. College, Lucknow, India on 4th June, 2020.
3. Participated in Webinar on “Pandemic Covid- 19: Current Scenario and Future Prospects with Reference to India”, organized by IQAC, Dr. Shyama Prasad Mukherjee Government Degree College, Bhadohi, U.P. in association with Asian Biological Research Foundation, Prayagraj, India on 7-8 June, 2020.
4. Participated in Webinar on “Atmanirbhar Bharat: Challenges and Solution”, jointly organized by Department of Education, Government Degree College, Bhojpur, Moradabad and NEEV on 13th June, 2020.
5. Participated in Webinar on “Population, Environment and Health: Issues and Challenges”, organized by Department of Geography, Shree Baldev P.G. College, Baragon, Varanasi, U.P. on 20th June, 2020.
6. Participated in Webinar on “Yogic Therapy: A Preventive and Precautionary Measure to Battle Covid- 19”, jointly organized by M.D.P.G. College, Pratapgarh, Kulbhaskar Ashram P.G. College, Prayagraj, Rashtriya Khel Utthan Prishad and Sharirik Shiksha Unnayan Sansthan, Prayagraj on 21st June, 2020.

7. Participated in Webinar on “A Discourse on Changing Scenario of Human Life: Present and Post Corona Period”, organized by Department of Geography, Badri Vishal P.G. College, Farrukhabad, U.P., India, on 22-23 June, 2020.
8. Participated in E- Seminar on “Recent Violent Face- Off with China on LAC: Solutions and Prospects”, organized by Department of Defense and Strategic Studies, University of Allahabad, Prayagraj on 27-28 June, 2020.

National Webinar:

1. Participated in a Webinar on “Challenges and Opportunity in Covid- 19 Scenario”, organized by Department of Mathematics, Sri Jai Narain Misra P.G. College, Lucknow on 5th June, 2020.
2. Participated in a Webinar on “Life with Corona Pandemic- An overview of Preventive Measures and Safety Precautions for Covid- 19”, organized by Basudev Degree College, Lucknow on 6th June, 2020.
3. Participated in a Webinar on “Utility of Ancient Indian Culture During Covid- 19 Pandemic”, organized by IQAC, Government Women P.G. College, Kandhla (Shamli), U.P. on 14th June, 2020.
4. Participated in a Webinar on “Covid- 19: Environment and Society”, organized by R.R.P.G. College, Amethi, U.P. on 15th June, 2020.
5. Participated in a Webinar on “Utility and Possibility of Indian Literature, Media and Cinema in Present Scenario”, organized by R.R.P.G. College, Amethi, U.P. on 17th June, 2020.
6. Participated in a Webinar on “Mahamari and Mansik Swasthya Sambandhi Samasyayen and Samadhan”, organized by NSS, Janta Vaidic College, Barout (Bagpat), U.P. on 28th, June, 2020.
7. Participated in a Webinar on “Art and Culture in North- Eastern India”, organized by Ek Bharat Shreshtha Bharat Club, Indira Gandhi Rajkeeya Mahila Mahavidyalaya, Rae-Bareilly, on 30th June, 2020.
8. Participated in a Webinar on “Education Policy 2020: Challenges and Opportunities”, organized by Department of Sociology, Kalicharan P.G. College, Lucknow on 08th August, 2020.
9. Participated in Intellectual Discourse on “Role of Women in India’s Struggle for Freedom”, organized by Lucknow Intellectual Forum on 15th August, 2020.

Participation in Online Quiz Contest:

1. Participated and successfully completed the quiz contest on “Covid- 19: Introduction and Prevention”, organized by Department of Law, V.S.S.D. College, Nawabgang, Kanpur on 9th June, 2020.
2. Participated and successfully completed the quiz contest on “Covid- 19 Awareness”, organized by Department of Zoology, Acharya Narendra Dev Nagar Nigam Mahila Mahavidyalaya, Kanpur.

3. Participated and successfully completed the quiz contest on “Immunity Booster Diet and Exercise During Covid- 19 Pandemic”, organized by Kamla Nehru Institute of Physical and Social Sciences, Sultanpur on June 23-27, 2020.

Participation in Workshop:

1. Participated and successfully completed a National Workshop on “Hypnotherapy and Past Life Regression” held on 7-8 February, 2014, organized by National P.G. College, Lucknow.

Member of Organizing Committee:

1. Contributed as member of organizing committee in the workshop on “Research Methods in Social Sciences”, organized by Department of Psychology, Feroze Gandhi College, Rae-Bareli on 23-24 January, 2018.
2. Contributed as Member of Organizing Committee in the Workshop on “Research Methods and Multivariate Analysis in Social Sciences” and also deliver three lectures, organized by Department of Psychology, Feroze Gandhi College, Rae-Bareli on 23-25 October, 2018.
3. Contributed as Co-organizing Secretary in the National Seminar on “Modern Perspectives of Positive Psychology and Health Management in India” organized by Department of Psychology, Feroze Gandhi College, Rae-Bareli and sponsored by Department of Higher Education, Govt. of India on 7-8 February, 2020.
4. Contributed as Member of Organizing Committee in a National Webinar on “Psychological Empowerment and Mental Health of College Girls”, organized by Department of Psychology, Feroze Gandhi College, Rae-Bareli on 12th December, 2020.
5. Contributed as a Member of Organizing Committee in the One Day Workshop on “Mental Health and Well Being”, organized by Department of Psychology, Feroze Gandhi College, Rae-Bareli on 10th October 2022.

Participated in Training Programme:

1. Attended a special training programme of Academic Counselors, organized by IGNOU at study centre Feroze Gandhi College, Rae-Bareli through teleconference on 19th October, 2013.

Supervision of Project Work/ Dissertation:

1. A dissertation titled “Depression in Male and Female Adult Age Group” awarded to Km. Shikha Shrivastava in the Institute for Behavioral and Management Science, Chittoor in 2005, under my supervision.
2. A project work titled “ A comparative study of Secular Attitude among General, OBC and SC/ST of Rae-Bareli District” completed by 12 Students of MA Final Years of Session 2017-18 (CSJM, University, Kanpur), under my supervision.

3. Following four students of MA 4th Semester Session 2022-23 (University of Lucknow) awarded dissertation under my supervision:
 - (I) Alka Awasthi: “Relationship between gender differences in Social Anxiety”.
 - (II) Satya Tiwari: “Gender differences in Gratitudes among undergraduates”
 - (III) Reena: “Role of Self-esteem in Internet Addiction among undergraduates”.
 - (IV) Shaziya Ansari: “Comparing happiness between working and non-working women”.
4. Presently (Session 2023-24) three students of MA 4th Semester are perusing dissertation under my supervision.

Extracurricular Activity:

Counsellor in Indira Gandhi National Open University at study centre Feroze Gandhi College, Rae-Bareli.

Dr. Vinay Kumar Singh

Assistant Professor

Department of Psychology,

Feroze Gandhi College, Rae-Bareli