

RESUME

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CAREER OBJECTIVE

Seeking a position to utilize my skills and abilities in an institute that offers professional growth while being resourceful, innovative and flexible.

AREA OF RESEARCH INTEREST

- Organizational Behavior and Human Resource Management, Positive Psychology, Applied Psychology, Health Psychology, Research Methodology

TEACHING EXPERIENCE

- Presently working as an **Assistant Professor and Head in the Department of Psychology, Feroze Gandhi College, Raebareli**
- Worked as **Assistant Professor in Applied Science Department (Industrial Psychology)** in UNSIET, VBSPU, Jaunpur.

EDUCATIONAL QUALIFICATION:

- **Ph.D.** on the topic **Role of personality in the relationship between work-family interface and work and non-work related outcomes** in the Department of Psychology, Banaras Hindu University, Varanasi
- **M A in Applied Psychology** from V.B.S. Purvanchal University, Jaunpur.
- **Graduation (B.Sc., Bio)** from Buddha Post Graduate College, Kushinagar.
- **12th (Bio)** from U.P. Board
- **10th (Science)** from U.P. Board

AREA OF SPECILIZATION:

- **Organizational Behavior and Human Resource Management**

SUMMER TRAINING AND DISSERTATION:

- Two months **summer training** on the topic **Recruitment and Selection** in **Mohan Meakins Ltd., Lucknow.**
- **Dissertation** in M.A.P. final year on the topic **Gender discrimination at work-place in relation to nature of job, length of service and age of employees**

ACADEMIC ACHIVEMENTS:

- Qualified **UGC-NET** held on **Dec-2004, Jun-2006, Dec-2006, and Dec-2007**
- **University topper** in Post-Graduation (**Applied Psychology in 2005**) (**Gold Medalist**)
- Received **ICSSR Doctoral Fellowship** from **16/09/2008 to 15/09/2009** on the topic **Role of personality in the relationship between work-family interface and work and non-work related outcomes**
- Received **UGC Research Fellowship** from **1/1/2007 to 15/09/2008**
- Received **Best Paper Award** on the topic **Work and non-work related outcomes of work-family facilitation** paper presented in National Conference on Recent Advancement in Cognitive Science, organized by Department of Psychology, B.H.U., Varanasi
- **Reviewer at journal of psychology and behavioral sciences**

PROJECTS:

- Minor research project on **role of resilience in managing work-family issues among working women**, sanctioned from C. S. J. M. University, Kanpur for the year 2019-2020.

ORIENTATION/ REFERESHER COURSE:

- Attended 3 weeks orientation program from 11 June to 30 June, 2019 in UGC Human Resource Development Centre, Aligarh Muslim University, Aligarh.
- Attended UGC sponsored two weeks Refresher Course on Research Methodology For Social Sciences from 04/03/2021 to 17/03/2021 UGC Human Resorce Development Centre, Guru Jambeshwar University of Science and Technology, Hisar (Haryana)

DUTIES AND RESPONSIBILITES:

- Counselor in IGNOU in Psychology at the centre Feroze Gandhi College, Raebareli
Counselor in NIFT, Raebareli
- Nodal officer of Digi Shakti in college
- **Member of juvenile justice board Rae Bareli**
- **Guest faculty at AIIMS Raebareli.**

LECTURE DELIVERED:

- Delivered lecture on topic Women Empowerment at Kendriya Vidiyaliya dated on 06/03/2024.
- Delivered lecture on the topic work-family balance and mental health dated on 31 October 2022 in the lecture series of World mental health month organized by community psychology association of India
- Delivered lecture as resource person on the topic **Ethical Issues in Research** in 2 days workshop on **Research Methodology and Ethical Issues in Research (RMEIR-19)** dated on 6 and 7 September 2019 organized by department of Electrical Engineering, UNSIET, Jaunpur.
- Deliver lecture as guest speaker on the topic Positive Mental Health and Well-being in one day webinar on Mental Health for All dated on 10 October 2020 on the occasion of World Mental health Day jointly organized by The Psychologist: An Association of Psychology and DAV PG college, Varanasi.
- Delivered invited lecture as resource person on the topic Mental Hygiene of Students: During & Post Pandemic Covid-19 dated on 20 October 2020 organized by Department of teacher education AND Teachers Training PG College Sitapur.

- Delivered talk as resource person on the topic Work, family issues & it's management in a National Level Webinar on the occasion of the Golden Jubilee Year of the College.organized by NSS Department, Shri Kumarswami Mahavidyalaya, Ausa, Dist. Latur, on date 27th February, 2021.

SESSION CHAIRED/ CO-CHAISED:

- Chaired two sessions in National Seminar on Current Trends in Research for Developing New India Organized by Faculty of Social Sciences, Magadh University, Bodh Gaya, Bihar dated on 25 and 26 September, 2023.
- Chaired session in ICSSR sponsored National Seminar on Empowering Women through Resilience: Process and Potential held on 5 and 6 November, 2022, organized by Department of Psychology, PPN College Kanpur
- Co-chaired session on subtheme **Miscellaneous** in seminar on privatization in education: issues and challenges dated on 12 and 13 janauary, 2020 organized by department of teacher education, A.N.D. Teacher Training College Sitapur, **Sponsored by Department of Higher Education, Government of Uttar Pradesh.**
- Co-chaired session in International Conference on Positive Psychology for Health and Well-being held on 9-10 March 2018, organized by Department of Applied Psychology, GJU of Science and Technology, Hisar, Haryana

WORKSHOP /CONFERENCE ORGANIZED:

- Organized one day webinar on the occasion of World Mental Health on 10 October, 2023 in Department of Psychology, Feroze Gandhi College, Raebareli in collaboration with .
- Organized one day workshop on the occasion of World Mental Health on 10 October, 2022 in Department of Psychology, Feroze Gandhi College, Raebareli.
- Organized one day National webinar on **Psychological Empowerment and Mental Health of College Girls** on 12 December, 2020 in Department of Psychology, Feroze Gandhi College, Raebareli.
- Organized two days National Seminar on **Modern Perspectives of Positive Psychology and Health Management in India** on7th & 8th February, 2020 in Department of Psychology, Feroze Gandhi College, Raebareli, **Sponsored by Department of Higher Education, Government of Uttar Pradesh.**

- Organized three days workshop on **Research Methods and Multivariate Analyses October 23rd to 25th 2018** in the department of Psychology, Feroze Gandhi College, Raebareli and delivered 5 lectures and initiated activities pertaining to lectures.
- Organized two days workshop on **Research Methods in Social Sciences on Jan 23rd to 24th 2018** in the department of Psychology, Feroze Gandhi College, Raebareli and delivered 5 lectures and initiated activities pertaining to lectures.

BOOK EDITED

- Women Living with Emotions (Vol-II). Edited by Jaya Bharti, Shamini Srivastava and Sandeep Verma.

ARTICLES PUBLISHED IN JOURNALS

- **Srivastava, S,** & Srivastava, U. (2023). Development and validation of work-family facilitation scale in Indian context. *International Journal of Academic Research and Development*, 8, 10-17.
- **Srivastava, S,** & Srivastava, A. (2023). Self-esteem mediates the relationship between social support and psychological well-being: A study of college students. *Indian Journal of Positive Psychology*, 14, 231-237.
- Srivastava, U. R., & **Srivastava, S.** (2022). Mediating Role of Employee Engagement in the Relationship between Multiple Dimension of Organizational Justice and Psychological Health among Indian Banking Employees. *American Research Journal of Business and Management*, 8, 37-47.
- **Srivastava, S.,** & Singh, A. (2020). Relationship between internet dependency and mental health of adolescents: the psychology of internet use. *International journal of Scientific and Research Publications*, 10, 2250-3153.
- **Srivastava, S.,** & Srivastava, U. R. (2018). Work, Family and Personality: An Examination of Work-Family Conflict among Indian IT Employees. *International Academic journal of Business Management*, 5, 159-172.

- **Srivastava, S.** (2018). Facilitation between Work and Family Roles: Relationship between Work-Family Facilitation and Mental Health among College Professors *International Journal of Social Science Review*, 6, 1386-1391.
- **Srivastava, S.** (2018). Family -to-work Interface and Job Performance: The Moderating Influence of Conscientiousness, *Indian Journal of Community Psychology*, 14, 273-291.
- **Srivastava, S., & Srivastava, U. R.** (2014). Work and non-work related outcomes of work-family facilitation. *Social Science International*, 30, 353-372.
- Srivastava, U. R., & **Srivastava, S.** (2012). Outcomes of Work-family Conflict among Indian Information Technology (IT) Employees. *Social Science International*, 28, 137-158.
- **Srivastava, S.,** Srivastava, U. R., & Srivastava, A. K. (2011). Positive and negative side of work-family interface and psychological well-being: An empirical study. *Journal of Indian Health Psychology*, 6, 10-24.
- **Srivastava, S.,** Srivastava, U. R., & Srivastava, A. K (2009). Role of Personality in Work-Family Facilitation: A Study of IT Professionals. *Icfai Journal of Organizational Behavior*, 8, 88-105.
- **Srivastava, S.,** Srivastava, U. R., & Srivastava, A. K. (2009). Qualitative exploration into the phenomenon of work-family facilitation in Indian context. *Indian Journal of Social Sciences and Research*, 6, 92-102.
- **Srivastava, S.,** Srivastava, U. R., & Srivastava, A. K (2008). Work-family conflict: The role of work and family variables. *Anvikshiki*, 8, 118-127.

BOOK CHAPTER PUBLISHED

- **Srivastava, S.** (2023). Research methods in environmental psychology. In A. Shukla, A. Ftima & U Chaudhary (Ed.). *mental health rehabilitation* pp-11-28.
- **Srivastava, S.** (2022). Ethical issues of mental health professionals. In A. Shukla and A. Ftima (Ed.). *mental health rehabilitation* pp-126-139.
- Srivastava, U. R., Sahu, P., **Srivastava, S.** & Jain, M. (2022). Impact of prenatal maternal anxiety on birth weight and length of gestation among working women. In S. Singh and S. Tiwari (Ed.) *An Anthology on Women of India*, PP-60-80.

- **Srivastava, S.,** Singh, A., & Yadav, R. (2021). Internet use and Psychological well-being among college students. In J. Bharti and P. Singh (Ed.) Psychological and Physical Wellbeing, pp. 102-112.
- **Srivastava, S.** (2020). Role of self compassion and resilience in promoting happiness among female adolescents: A mini review. In J. Bharti, S. Srivastava and S. Verma (Ed.) Women Living with Emotions, pp. 140-154.
- Srivastava, U. R., & **Srivastava, S.** (2013). Telacommuting and work-family conflict: Issues and challenges for working women. In Aradhana Shukla (Ed.) Psyche of Indian Women, pp-210-134.
- **Srivastava, S.,** & Srivastava, U. R. (2009). Work, Family and Psychological Well-being: The Dynamics of Work-family Facilitation. In S. Ojha, U. R. Srivastava and S. Joshi (Ed.) Health and Well-being: Some emerging trends, pp. 335-344.
- Srivastava, U. R., & **Srivastava, S.** (2009). Health and Well-being: A Holistic and Integrative Analysis. In S. Ojha, U. R. Srivastava and S. Joshi (Ed.) Health and Well-being: Some emerging trends, pp. 3-22.
- Srivastava, U. R., **Srivastava, S.,** & Srivastava, A. K. (2008). Role of personality in the experience of work-family conflict and work-family facilitation: Some emerging Perspectives. In S. K. Srivastava and P. Madan (Ed.). Business Management in New perspective, pp. 145-162.

PAPER PRESENTED IN SEMINORS/ CONFERENCES:

- Paper presented on the topic **Mediating role of resilience and flourishing in the relationship between dispositional mindfulness and happiness: A study of civil service aspirants** in International Conference on Permanand: philosophy, psychology and physiology of happiness held on 28-30 September, 2022 Amity center of excellence for positivity and happiness (ACEPH), Amity University, UP.
- Paper presented on the topic **enhancing student well-being through gratitude: role of self esteem and social support** in ICSSR supported international Conference on Positive Psychology interventions for promoting sustainable happiness in society held on

22 and 23 October, 2021 organized by department of Psychology, Happy Thinking Laboratory, department of psychology, university of Lucknow, Lucknow

- Paper presented on the topic **Awareness of sexual harassment among female professional students** in National Conference on Community Counseling for Health Promotion and Well-being held on 3-5 March, 2019 organized by department of Psychology, Pandit Sunderlal Sharma (open) university, Chhattisgarh.
- Paper presented on the topic **Mediating Role of Work-family Facilitation in the Relationship between Optimism and Mental Health** in National Seminar organized by department of Psychology, D.D.U., University, Gorakhpur dated on 15-16 September.
- Paper presented on the topic **Relationship between Optimism, Work-family Facilitation and Mental Health: A study of College Professors** in National Seminar on Advances in Health and Well-being Research held on 25-26 March 2018, organized by Department of Psychology DNP College, Gorakhpur.
- Paper presented on the topic **Promoting Work-Family Facilitation Through Positive Psychology: Relationship between Work-family Facilitation and Mental Health** during the International Conference on Positive Psychology for Health and Well-being held on 9-10 March 2018, organized by Department of Applied Psychology, GJU of Science and Technology, Hisar, Haryana
- **Paper presented** on the topic **Family-to-work Interface and Job Performance: The Moderating Influence of Conscientiousness** in 1st Indian Congress of Industrial and Organizational Psychology on Changing Landscape and Future of I/O Psychology, dated on 30 and 31 2018 organized by Department of Psychology, University of Rajasthan, Jaipur.
- **Paper presented** on the topic **Exploring the Sunny Side of Work-family Interface** in 1st Indian Congress of Industrial and Organizational Psychology on Changing Landscape and Future of I/O Psychology, dated on 30 and 31 2018 organized by Department of Psychology, University of Rajasthan, Jaipur.
- **Paper presented** on the topic **Mediating Role of Employees Engagement in the Relationship between Multiple Dimensions of Organizational Justice and Psychological Health** in 1st Indian Congress of Industrial and Organizational

Psychology on Changing Landscape and Future of I/O Psychology, dated on 30 and 31 January 2018 organized by Department of Psychology, University of Rajasthan, Jaipur.

- **Paper presented** on the topic **Work, family and personality: An examination of work-family conflict** in National Seminar on Emerging Trends in Applied Psychology, 2014, organized by V. B. S. Purvanchal University Jaunpur.
- **Paper presented** on the topic **Positive and negative work-family interface and psychological well-being** in National Seminar on Mental Health and Current Scenario, organized by Gurukul Kangri University, on 20 and 21 March 2009, Haridwar (Uttarakhand)
- **Paper presented** on the topic **Role of personality in the experience of work-family facilitation: A study of information technology professionals** in The 13th International and 44th National Conference of the Indian Academy of Applied Psychology, dated on January 31 and 31 and February 1, 2009, Aurangabad
- **Paper presented** on the topic **Work and non-work related outcomes of work-family facilitation** in National Conference on Recent Advancement in Cognitive Science, dated on 19-21 December 2008, organized by Department of Psychology, B.H.U., Varanasi
- **Paper presented** on the topic **Outcomes of work-family conflict among Indian information technology professionals** in 18th Annual Conference of National Academy of Psychology, on 14-17 December 2008 organized by Department of Humanities and Social Sciences, IIT, Guwahati
- **Paper presented** on the topic **Role of telecommuting in work-family conflict: A theoretical review** in National Conference on Changing Business Scenario and Information Technology, 23 and 24 February, 2007 organized by School of Management Sciences, Varanasi.
- **Paper presented** on the topic **Role of personality in the experience of work-family conflict and facilitation: Some emerging perspectives”** in National Seminar on Psychological Well-being: Assessment and issues, dated on 5-7 February, 2007 organized by Centre of Advanced Study in Psychology, Utkal University, Bhubaneswar.

Extra-curricular Activities

- Program officer in literary and art event of Enthusia -17 from 18-22 Dec 2017 organized by Feroze Gandhi College Raebareli
- Member of different Committees in college